

SPORTABILITY
2019-20 ATHLETE ASSISTANCE PROGRAM
HANDBOOK



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2019-20 ATHLETE ASSISTANCE PROGRAM

What is the AAP?

The Athlete Assistance Program or 'AAP' is a program, which provides a system of recognition and financial support for BC's high performance athletes. The intent of the program is to "*recognize high performance athletes who are participating in programs offered through a provincial sport organization and competing in recognized national or international competitions to relieve some of the pressures associated with training and competition needs*"

How much funding is available?

The grant per athlete will be no less than \$500.00, and therefore the number of athletes funded will be dependent upon the total budget available for athlete assistance this year.

How will funding be decided?

An application form will be sent to all athletes who meet the minimum funding criteria set out by the provincial government and SportAbility. Along with the form will be a questionnaire that the athlete must complete and submit for review by the committee.

Athletes must fill in the questionnaire as fully as possible – the selection committee will not search for additional information when such information is missing.

Each question is evaluated on a numerical scale as to how well the athlete meets an 'ideal'. The questions are weighted differently so that key factors such as performance/results and potential are rated higher than some of the other criteria. Athletes may not meet the 'ideal' in each criterion, but their total points across all of the questions will rank them fairly with other athletes.

This system will not only identify the appropriate athletes for funding, but also give athletes goals to strive for.

What are the selection criteria?

In addition to government guidelines, SportAbility has set the following criteria for selection to the AAP:

Minimum Eligibility Criteria

At a minimum, the athlete must:

- *Participate in a recognized SportAbility Sport and be a current member of SportAbility*
- *Be a Provincial Team Member or identified development level athlete in his/her sport*
- *Not already be receiving Sr. National Level carding funds (Yr 2 or more) or provincial AAP funding through college or university affiliation*
- *Be a Canadian citizen or have landed immigrant status, and have resided in British Columbia for the past 12 months*
- *Participate in SportAbility programs, clinics & training camps*

** For information regarding whether or not an athlete qualifies as a 'Provincial Team Athlete' please refer to Appendix B of this handbook.*

Rated Selection Criteria

The athlete will be evaluated with regards to how well he/she meets the following criteria:

1. *Follows a yearly training plan, regularly monitored by a coach*
2. *Is coached by an NCCP Certified Coach*
3. *Results from the current and previous year at the Regional, Provincial, National and International Levels*
4. *Demonstrates dedication and commitment to his/her sport as evidenced by commitment to training & competition, lifestyle, attendance at training camps, workshops and seminars*
5. *Has the potential to compete for British Columbia and Canada for the next 3 – 5 years*
6. *Has shown noticeable improvement over the last year*
7. *Frequency & quality of training, use of Sport Science and Medicine Support Services*

2019-20 SportAbility AAP Timelines

DEADLINE	ACTION
March 24th, 2020	Distribution of Handbooks & Application Forms to athletes & coaches
March 31st, 2020	Deadline for receipt of applications from athletes
March 31 st , 2020	Final AAP List Confirmed and funds distributed

Athlete Rights & Responsibilities

- SportAbility athletes are responsible for submitting their AAP Application forms (type written) and questionnaire by the established deadline. Applications received after the deadline *will not be considered.*

Appendix A: Sample Forms

AAP Questionnaire, Athlete Agreement & Code of Conduct:

**2019-20 ATHLETE ASSISTANCE PROGRAM (AAP)
ATHLETE QUESTIONNAIRE**

NAME:	
ADDRESS:	
CITY:	POSTAL CODE:
PHONE:	CELL:
EMAIL:	
SPORT (S):	
DO YOU RECEIVE SPORT CANADA CARDING? Y/N If so, what level?	
DATE OF BIRTH: YYYY/MM/DD	
LEVEL OF COMPETITION TO DATE: <input type="checkbox"/> Canada or Western Canada Games Team <input type="checkbox"/> Provincial Team <input type="checkbox"/> National Junior Team <input type="checkbox"/> National Team Pool <input type="checkbox"/> Senior National Team Member	

In support of your application for Athlete Assistance Program funding, please complete the following questionnaire. Please type into the space after each question, using as many lines as you require.

This information will be used to assist the AAP Selection Committee in their deliberations, so the more information you are able to provide, the more informed the committee will be. The committee will not seek out additional information that you fail to provide.

1. Do you follow a yearly training plan; regularly monitored by a coach? (Contact your coach to determine whether a plan is in place and ensure that a copy has been submitted on your behalf).
2. Describe your training program (consideration should be given to number of training hours, type of training, degree of involvement of the coach, sport science/medicine services accessed, etc.). This information will be verified with your coach when evaluating your application.
3. Are you coached by an NCCP Certified Coach? What is his/her name and level of certification? *
'Coached' = minimum one day per week

4. Please list all your results from regional, provincial, national, and international level competitions/tournaments in 2018-2019, and any awards or recognition you received? (Boccia athletes to include most recent national & international rankings in singles, pairs or team.)
5. In what ways do you demonstrate a dedication and commitment to your sport? (i.e., *commitment to training & competition, lifestyle choices, attendance at training camps, workshops and seminars*). Please list all camps, events, workshops, etc. attended over the past year
6. Do you feel you have the potential to compete for British Columbia and/or Canada for the next 3 - 5 years? What are your short/long-term goals? What are you doing to reach these goals?
7. In what ways have you improved over the last year? **Improvement refers to the technical, physical, and psychological aspects of performance. Can be evidenced by statistics, ranking, anecdotal information, etc.*
8. If you are awarded AAP Funding this year, what would you use the funding towards (i.e., Equipment, Coaching, Training Expenses, Travel to Competitions, Sport Science & Medicine Services).

Your complete AAP Application must include the following:

1. Completed AAP Athlete Questionnaire (above)
2. Signed SportAbility Code of Conduct
3. Up to date SportAbility Membership

Applications are due by March 31, 2020
Late applications will not be considered for funding.

SportAbility

ATHLETE AGREEMENT & CODE OF CONDUCT



- 1.0 Athletes are ambassadors of SportAbility and shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behaviour, and consideration for others' physical and emotional wellbeing.
- 2.0 Athletes shall treat others with respect and expect to be treated with respect in return.
- 3.0 Athletes must uphold the standards of Fairplay, and exhibit a high level of sportsmanship and team spirit.
- 4.0 Athletes shall refrain from the use of profane, insulting, harassing or otherwise offensive language
- 5.0 Athletes shall abide by the Policies and Procedures of SportAbility as presented in the association's policy and procedure manual.
- 6.0 Athletes shall dress in the appropriate attire at all times, as directed by the Team Manager, and in keeping with the policies of SportAbility. Athletes shall maintain high personal hygiene standards.
- 7.0 Athletes are required to abide by curfew set by management staff and/or host organizing committee.
- 8.0 Any Athlete committing an act, which is considered an offence under the law, will be dealt with by the appropriate authorities.
- 9.0 All athletes shall agree that:
 - 9.1 They shall not possess or use any illegal drugs, excluding prescribed medical drugs, which shall be registered with the appropriate official prior to the event. The use of performance enhancing drugs is strictly banned.
 - 9.2 Athletes under the age of 19 will not possess or use alcohol or tobacco in any form during the event or at any social activities connected with the event.
 - 9.3 Athletes 19 years and over will not possess or use alcohol in any form within the immediate area of an event, or competition site, and not in excess in the residence. Athletes will not supply alcohol to minors.
 - 9.4 Tobacco smoking for athletes over the age of 19 is strongly discouraged, and will only be allowed in designated smoking areas.
 - 9.5 Any wilful damage to hotel rooms or other property shall be assessed to the account of the athlete(s) involved.
 - 9.6 All team members must recognize that the Team Manager is responsible for the Team and its actions, and they must adhere to guidelines set down by the Team Manager.

A breach of any part of this code of conduct is sufficient grounds for an athlete to be withdrawn from an event and to be sent home at his/her own expense, and/or result in removal from the Financial Assistance Program. Athletes are subject to the disciplinary policies and procedures of the SportAbility as presented in the association's Policy and Procedures Manual.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the *Athlete Agreement and Code of Conduct*.

Athlete's Signature

Date

Parent/Guardian (if under the age of 19 yrs)

Date

APPENDIX B: Provincial Team Programs

Sport Specific Provincial Team Selection Criteria

Athletes, who are uncertain as to whether or not they are designated as Provincial Team members in their sport, should refer to the criteria listed below.

SportAbility 2019/2020 Provincial Team Selection Criteria	
<i>Sledge Hockey</i>	Any athlete representing British Columbia at a National tournament, Invitational or representing Canada in an international Qualifying, World or Paralympic competition in the previous year. Any athlete in the National Team Pool, not currently receiving Sport Canada Senior Carding (Yr 2 and above).
<i>Boccia</i>	Any athlete representing British Columbia at a National Championships, or representing Canada in an international Qualifying, World or Paralympic competition in the previous year. Any athlete in the National Team Pool, not currently receiving Sport Canada Senior Carding (Yr 2 and above).
<i>Power Soccer</i>	Any athlete representing British Columbia at a National tournament, Invitational or representing Canada in an international Qualifying, World or Paralympic competition in the previous year. Any athlete in the National Team Pool, not currently receiving Sport Canada Senior Carding (Yr 2 and above).
<i>7-A-Side Soccer</i>	Any athlete representing British Columbia at a National tournament, Invitational or representing Canada in an international Qualifying, World or Paralympic competition in the previous year. Any athlete in the National Team Pool, not currently receiving Sport Canada Senior Carding (Yr 2 and above).

**Criteria are subject to change on a yearly basis, as each sport grows and develops. Criteria will be established in consultation with the Provincial Coach of each sport and be published and available at the SportAbility office at the beginning of each sport's season.*

** Please note that these are minimum eligibility criteria that allow an athlete to apply for funding. Athletes are then ranked and selected according to the questionnaire and documentation submitted.*

*If you have questions regarding the **Athlete Assistance Program**, please contact Ross MacDonald, Executive Director at:*

SportAbility

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