

Classification Made Easy

Class 1 (CP1)

The most severely disabled athletes belong to this classification. These athletes are dependent on a power wheelchair or assistance for mobility. They have severe limitation in both the arms and the legs and have very poor trunk control.

Sports Available:

- Race Runner (RR1) – using the Race Runner frame to run, track events include 100m, 200m and 400m.
- Boccia
 - Boccia Class 1 (BC1) – players who fit into this category can throw the ball onto the court or a CP2 Lower who chooses to push the ball with the foot. Each BC1 athlete has a sport assistant on court with them.
 - Boccia Class 3 (BC3) – players who fit into this category cannot throw the ball onto the court and have no sustained grasp or release action. They will use a “chute” or “ramp” with the help from their sport assistant to propel the ball. They may use head or arm pointers to hold and release the ball. Players with a impairment of a non cerebral origin, severely affecting all four limbs, are included in this class.

Class 2 (CP2)

These athletes have poor strength or control all limbs but are able to propel a wheelchair. Some Class 2 athletes can walk but can never run functionally. The class 2 athletes can throw a ball but demonstrates poor grasp and release.

Sports Available:

- Race Runner (RR2) - using the Race Runner frame to run, track events include 100m, 200m and 400m.
- Boccia
 - Boccia Class 2 (BC2) – players can throw the ball into the court consistently and do not need on court assistance.
 - Boccia Class 4 (BC4) – these athletes will have severe locomotor dysfunction in all four limbs of a non cerebral origin. They show the same characteristics as a Boccia Class 1 or 2 athlete.
- Cycling Div 1 – trike or handbike
- Obstacle Course

Class 3 (CP3)

Class 3 athletes can propel themselves in a wheelchair and may be able to walk with assistance or assistive devices. They may have a good grasp but have poor finger dexterity when releasing implements.

Sports Available:

- Race Runner (RR3) - using the Race Runner frame to run, track events include 100m, 200m and 400m.
- Boccia (Open) – players can throw the ball into the court consistently and do not need on court assistance.
- Cycling Div 1 – trike or handbike
- Obstacle course

Class 4 (CP4)

These athletes may use assistive devices for walking but will use a wheelchair for longer distances and for sports. They have good strength with minimal limitation or control problems in the upper limbs and trunk and their grasp and release is very good.

Sports Available:

- Boccia (Open) – players can throw the ball into the court consistently and do not need on court assistance.
- Cycling Div 1 – trike or handbike
- Obstacle course

Class 5 (CP5)

These athletes may require the use of assistive devices when walking but not necessarily when standing or throwing. They may be able to run but in some cases they may lose their balance and have difficulty turning, pivoting and stopping.

Sports Available:

- Football/soccer (FT5) – 7-a-side Football, an adapted version of football/soccer for players with cerebral palsy
- Bike or Trike

Class 6 (CP6)

Class 6 athletes do not use assistive devices to walk and they may have control problems in the arms. All four limbs will show functional involvement in sports movements. Their balance during movement will be good.

Sports Available:

- Football/soccer (FT6) – 7-a-side Football, an adapted version of football/soccer for players with cerebral palsy
- Bike or Trike

Class 7 (CP7)

These athletes show a noticeable difference between each half of the body. They walk with a limp and the affected arm and hand will be limited in ability.

Sports Available:

- Football/soccer (FT7) – 7-a-side Football, an adapted version of football/soccer for players with cerebral palsy
- Bike

Class 8 (CP8)

These athletes are minimally affected by their impairment. The athlete may appear to have near normal function when running but the impairment must show on the field of play or in training.

Sports Available:

- Football/soccer (FT8) – 7-a-side Football, an adapted version of football/soccer for players with cerebral palsy
- Bike

Other sports available for athletes are:

- Swimming
- Athletics
- Sitting Volleyball
- Sledge Hockey
- Power Soccer
- Table tennis
- Skiing – see Disable skiers website

