Boccia the Paralympic version of Bocce. This game can be played individually, in pairs, or in teams of three. Using strategy and accuracy, players score points by tossing or rolling their coloured ball closest to the target white ball called the jack. This game is played in a gymnasium or multi purpose area and is very adaptable - additional equipment is available for those who may have difficulty gripping the Boccia ball to roll or throw using their hand.

## WHO CAN PLAY?

To be eligible to compete in Boccia at national or international level, athletes must have a disability and use a wheelchair, as a result of cerebral palsy, or another neurological condition such as muscular dystrophy or traumatic brain injury. At local and provincial level of competition, there is an "Open" category which allows anyone to play.

PERFORMANCE PATHWAYS

LOCAL Program

BC PROVINCIAL TEAM

CANADIAN NATIONAL TEAM

## BOCCIA

## OPPORTUNITIES IN BC

SportAbility works with community partners to offer programming across the Province. We are always open to expanding programs into new communities. If there is not currently a program operating in your community, please reach out!

Visit: **sportabilitybc.ca/boccia** for more details on programs and clubs.

GET IN TOUCH:
INFO@SPORTABILITYBC.CA



